



THE ANTHROPOSOPHICAL SOCIETY IN GREATER BOSTON
Winter/Spring 2019 Newsletter

Dear Friends and Members,

As I compose this newsletter in Lincoln, NH, it is only 10 degrees outside. While I had hoped to ski today, the bitter cold experience yesterday has turned today into a 'work' day. But the vernal equinox is coming in less than two weeks – more on this below.

There are some announcements to make before listing the our Calendar of Events.

Firstly, we should each consider what Patricia Kaminski brought to the attention of the Natural Science Section. I took Patricia's words and composed the attached article. This was posted on a number of Facebook groups and other sites. Just yesterday, Hazel Archer Ginsburg composed in her own words a similar awakening call that 'true' Easter this year is March 24th. This is based on the cosmic rule for Easter to be on the first Sunday following the first full moon that follows the spring equinox. For various reasons, the formula was simplified by setting the spring equinox to be March 21st. That pushes the celebration of Easter out to April 21st. For those of you who do the Calendar of the Soul meditations, it is recommended that you start a new sequence beginning on March 24th and not April 21st.

Secondly, we were asked by the Waldorf School of Cape Cod to help with their Foundation Studies. Leah Green from the school wrote, "Our school is in a unique place of both struggle and exciting growth right now. We are going through some very difficult times, but we are also really coming together as a faculty and exciting new things are blossoming. One thing we are doing is holding our own 'home-grown' version of a Foundation Studies course, led by a former class teacher named Ted Curtain. Ted is putting together a lesson plan that includes studying some lectures and books by Steiner, as well as some artistic work.

"We would love to supplement some of Ted's gatherings with guest presenters, really anyone with a specialized anthroposophical skill: a biodynamic farmer, an anthroposophical doctor, a eurhythmist, someone trained in spacial dynamics, someone with a particular strength in one of the visual arts, someone with a particular interest that they have penetrated, etc.

"Might you know of anyone who would be interested in traveling to Cape Cod to present on a special subject during one of our Foundation Studies course meetings? Our course will run on Tuesdays, meeting every other week, and meeting from 3:30 - 5:00. We will begin on Tuesday, March 12. There will be eight sessions of this course, making the final class Tuesday, June 18th."

If you can volunteer to help, please email: lgreen@waldorfcapecod.org right away.

Thirdly, the national Anthroposophical Society as well as the Goetheanum have begun to offer webinars and Facebook-like forums that will be free of trolls and preserve privacy. Your newsletter editor here will be offering a series of webinars regarding Technology and Spiritual Science beginning March 17th (Sunday at 8:30 pm). Use this link to learn more and to register: <https://www.facebook.com/events/629413164146430/>

Fourthly, the dates for Kelly Sutton's and Walter Alexander's talks were swapped! Please note.



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Calendar of Events 2019

March

- 13 (Wed) **Members Online Meeting** 7:30-9 pm <https://zoom.us/j/765439710> -
Voice only: 646-558-8656 pin: 765-439-710. Topic: Dating Easter and its Effects
- 16 (Sat) **Northeast Area of the Eastern Region** meeting hosted by the Anthroposophical Society of Cape Ann. 9 am to 4 pm at the House of Peace in Ipswich, MA.

April

- 5 (Fri) **Raising Healthy Children with Dr. Kelly Sutton, M.D. 7:30 – 9 pm.** Waldorf School of Lexington, 739 Massachusetts Ave, Lexington, MA. Dr. Sutton will speak about Anthroposophical Medicine and healing in modern times with its increase in electro-magnetic radiation, screen-time, and addictions to games.
- 10 (Wed) **Members Online Meeting** 7:30-9 pm <https://zoom.us/j/765439710> -
Voice only: 646-558-8656 pin: 765-439-710

May

- 8 (Wed) **Members Online Meeting** 7:30-9 pm <https://zoom.us/j/765439710> -
Voice only: 646-558-8656 pin: 765-439-710
- 17 (Fri) **Hearts and Minds: (reclaiming the soul of science and medicine) with Walter Alexander. 7:30 – 9 pm.** Waldorf School of Lexington, 739 Massachusetts Ave, Lexington, MA. Our scientific-medical-economic culture is stalled at a series of impasses. Medical research is funneled toward developing blockbuster drugs often providing marginal benefits at unjustifiably astronomical costs. Patients and doctors burn out through reimbursement-driven, rapid-fire 6-7 minute visits. Orthodox biology and neuroscience are stuck in machine-models based solely on atomic-molecular level forces of attraction and repulsion. Consciousness is seen as an irrelevant artifact, and attempts to attribute purpose or meaning or even identity beyond an unexplained impulse toward survival are attacked and often punished. How did we get here? Is there a way out?
- Hearts and Minds (reclaiming the soul of science and medicine) shows how genuine impulses intended to empower and focus scientific exploration have gone beyond justifiable boundaries--to the detriment of both discovery and progress. It shows also how the human element, despite mighty attempts to expunge it from scientific/medical understanding, has refused to go away—and is even



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aggressively elbowing its way back into the picture through discoveries in quantum physics, medical/biological research and epistemological understanding.

In this lecture, Hearts and Minds author Walter Alexander describes the incomplete thinking that led to our present roadblocks, and the way toward science and medicine that are both rigorous and humanly inclusive.

June

- 15 **Pot Luck Dinner with ASA Council.** Waldorf High School of MA Bay, 160 Lexington St, Belmont, MA. 7 – 8:30 pm
- 18 **MysTech Interview with Nicanor Perlas,** Webinar via Zoom, [Register](#) online. 2-4 pm. Donation.
- 18 **Meeting the Challenge of Artificial Intelligence,** Waldorf High School of MA Bay, 160 Lexington St, Belmont, MA, 7-7:30 pm Meet the Author, 7:30 – 9 pm lecture. Donation.
- 22 **Annual General Meeting.** At the home of Ken and Joanna Ingham, 14 Lorraine Circle, Waban, MA. 3 – 5 pm. All members are encouraged to attend.

July

- 20 **The Latest Research in Near-Death Experiences.** 2 - 4 pm. With Robert and Suzanne Mays. [Watertown Free Public Library](#), Watertown Savings Bank Meeting Room, 123 Main St., Watertown, MA 02472, Near Watertown Sq. Use Bus 70, 70A, 71, or 59.

Near-Death Experiences: Insights into Mind, Consciousness and Reality.

Abstract: Our talk addresses the question: What do near-death experiences (NDEs) mean to us as conscious physical beings living on Earth? We will present two hypotheses derived from NDE phenomena. First, the mind-entity hypothesis proposes that human beings have a physical body and a conscious, nonmaterial mind that is united with the body. The mind-entity is the seat of consciousness, the essence of the person. In ordinary consciousness, the mind is united with and works with the brain through direct interaction. During an NDE -- and after physical death -- the mind separates from the body and operates independently of it.

The second hypothesis proposes that reality consists of the physical dimensions of space and time plus a 5th dimension, the "Transcendent Realm." The evidence from NDEs for the Transcendent Realm includes: (1) the unusual nature of NDEr perceptions of physical reality; (2) the unusual aspects of time in NDEs, for example, the life review and life previews; and (3) the unusual interactions NDErs have with physical matter. The essential components of the Transcendent Realm are conscious, individuated beings (deceased human beings and other spiritual beings).

The meaning of life is actually pretty simple: we are eternal spiritual beings in an earthly incarnation, and we do not die with the death of the physical body. There are two Life Lessons for our earthly



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existence: to learn Love through interactions with others and to learn Wisdom through life experience.

Biographic information: Robert and Suzanne Mays have studied NDE phenomena together for over 40 years, although neither has had an NDE. They are also students of Rudolf Steiner's anthroposophy and helped found the Emerson Waldorf School in Chapel Hill, NC. They are particularly interested in veridical perceptions during NDEs and apparent interactions during NDEs between the NDEr and physical reality. Their current focus is the study of NDEr's prophetic visions of future world events which includes a survey of NDEr's on visions they have had of future events, either during their NDE or at some other time.

Members of the Planning Committee and Officers

*Andrew Linnell, President; Barbara Martin, Vice President; Cynde Reilly, Treasurer;
Geneva Cooper, Secretary; Dan Emerson, Joanna and Kenneth Ingham, Cecelia Leigh*

Verse for America by Rudolf Steiner

*May our feelings penetrate
Into the center of our heart
And seek in love to unite with
Human Beings seeking the same goal-
With Spirit Beings who, full of grace
Behold our earnest, heartfelt striving
And in beholding strengthen us
From realms of light
Illuminating our lives in Love.*