



Calendar of Events Winter 2020

January

- 3 (Fri) **The Wonders of the Fairy Tales** with Laszlo Böszörményi from Klagenfurt, Austria at 7:30 pm, Waldorf School of Lexington. Laszlo Böszörményi has been working on exercises of the mediation path for more than forty years. He has been a friend and scholar of Georg Kühlewind for almost thirty years. If sufficient interest exists, Laszlo will offer a workshop the next morning, Saturday, from 9:30 to 11 am. The great fairy tales are told in a powerful, creative language, we've mostly forgotten. If we want to follow the inner movements of fairy tales appropriately, we have to learn to experience vividly their mighty images. This involves concentrated inner work that helps us to follow other spiritual texts, such as the Bible or the works of Rudolf Steiner. The talk gives a number of examples of deeply meaningful images in fairy tales and an insight to a method of working with them.
- 4 (Sat) **Holy Nights Festival** with Monique Pommier who will speak about The Twelve Around the One at 1 pm. We will ponder the inner reality of this twelvefold, and of the One at the center of the Twelve. Stay and enjoy Christmas songs and potluck snacks and desserts till 4 pm. The Waldorf School of Lexington.

February

- 13 (Th) **Healing the Political Divide, an exploration of the Threefold Social Organism via biography** with Daniel Perez 7-9 pm, Waldorf High School, 160 Lexington St., Belmont. Politics continues to divide us into poles that dislike each other. Society is suffering. Can spiritual science come to the rescue? Daniel Perez will lead us on an exploration of ourselves and what we can inwardly conquer for the sake of humanity. Daniel is a former board member of the Lexington school.

March

- 14 **Anthroposophic Meditation Workshop: Connecting with the Higher Self. House of Peace, 1 High St., Ipswich, MA.** We will become familiar with Rudolf Steiner's approach to meditation which meets the western mind quite differently from many forms of meditation originating in the east. The work always involves a heightening of consciousness, becoming more awake through the focus on an object, an inner picture, or a text before releasing this and seeing what „wants to happen“. This has a very rejuvenating and empowering effect. We will do many different exercises, always followed by a sharing of our experiences. We will end



THE ANTHROPOSOPHICAL SOCIETY IN GREATER BOSTON
Winter 2020 Newsletter

with a longer word meditation to connect us to our higher self. Suggested donation: \$30 Agnes Hardorp and Thomas Mayer have been teaching courses in anthroposophic meditation in Europe for the past 16 years.

- 15 **Anthroposophic Meditation Workshop: Connecting with the Angelic Realm. Christian Community, 366 Washington St., Brookline, MA.** This workshop is a companion to the more introductory workshop on Saturday March 14th. After some introductory meditations, we will do a powerful meditation given by Rudolf Steiner to connect us to the angelic realm. We will explore our auric spaces as places of resonance leading up to this meditation. There will be a short session of Alexander Technique where we will lie on the floor, so please bring a mat or blanket if you can. Suggested donation: \$30. Agnes Hardorp and Thomas Mayer have been teaching courses in anthroposophic meditation in Europe for the past 16 years.

April

- 17 **Education in the Technological Age.** Recent research has shown that the fundamentals for Waldorf Education are “just what the doctor ordered.” Helen-Anne Ireland, PhD, will explore educational principles for educating children fit for the future. More information coming. **Location TBD.**

Cape Ann and Wilton are also offering events of interest to our members and friends. And more events may be posted at our website <https://www.anthroposophyboson.org/events/>

The First Class of the School of Spiritual Science for members of the First Class is held monthly in the 4th Grade Room at The Waldorf School of Lexington, 739 Massachusetts Avenue, Lexington. A conversation begins at 9 am. The lesson starts at 9:45 am generally on the 2nd Saturday of each month: **9/14, 10/19, 11/9, 12/14, 1/11, 2/8, 3/14, 4/4, 5/9.**

For information concerning membership in the First Class, please contact Vanya at yoors@mac.com. Vanya also offers Class lessons in Ipswich, MA. Contact him for that schedule.

From The Reappearance of Christ in the Etheric

“Looking far back into human evolution, we see that there is a certain moment after which humanity may be said to be descending even further from its fellowship with the spiritual world and entering more and more into the material world. Although the following image has its material side, we may nevertheless use it here: man was at one time a companion of spiritual beings, his spirit dwelt within the spiritual world and, by reason of the fact that he dwelt in the



THE ANTHROPOSOPHICAL SOCIETY IN GREATER BOSTON
Winter 2020 Newsletter

spiritual world, he was a son of the gods. What constituted this constantly reincarnating soul, however, participated increasingly in the outer world. The son of the gods was then within man, who took delight in the daughters of the earth, that is, in those souls who had sympathy for the physical world. This, in turn, means that the human spirit, who had previously been permeated by divine spirituality, sank down into the physical world of the senses. He became the mate of the intellect, which is bound to the brain and which entangled him in the sense world. Now this spirit must find the path by which he descended and, climbing upward again, become once more the son of the gods. The son of man, which he has become, would perish here below in the physical world if he were not to ascend once more as son of man to the divine beings, to the light of the spiritual world, if he were not in the future to find delight in the daughters of the gods. It was necessary for the evolution of humanity that the sons of gods should unite with the daughters of men, with the souls that were fettered to the physical world, in order that, as son of man, the human being would learn to master the physical plane. It is necessary for the human being of the future, however, that, as the son of man, he shall find delight in the daughters of the gods, in the divine-spiritual light of wisdom with which he must unite himself in order to rise once again into the world of the gods..” -- Rudolf Steiner, *The Event of the Appearance of Christ in the Etheric*, Kahlruhe, 25th January, 1910.

Editor’s Corner: Climate Change

I was fortunate to attend the annual conference of the Natural Science Section held this year in Ann Arbor, MI. Our theme was *What is the Earth Asking of Us?* We explored the mountains of evidence that we are approaching a climate challenge to our well-being as the earth’s atmosphere near the surface and her oceans warm. What role does our economy and our goal “to get ahead” play? Even if we controlled our carbon emissions, would the climate problem be solved or would new causes arise? Should we already be planning for what needs to come to support the next generations? Where might Threefold Social concepts fit?

Treasurer’s Note: Give what you feel is right to support the work in Greater Boston. Our **contribution** guideline continues to be \$25 per individual or \$40 per family. If this donation size is not possible, any gift would be welcomed. If you have no access to email and would like to receive paper notices, please let us know with a note sent to our treasurer, Cynde Reilly, 87 Stony Brook Rd., Westford, MA 01886. Make your check payable to The Anthroposophical Society In Greater Boston or ASinGB. You may also contribute via our web site at www.anthroposophyboson.org.

Study Groups – Winter 2020

Study Groups provide a community-life-filled friendly environment in which to work with others to gain insights into Spiritual Science and to awaken to one another.

Newton. The Rudolf Steiner Group of Waban meets at the home of the Ingham’s, 14 Lorraine Circle, Waban, the first and third Thursday of each month beginning Sept. 19th. The group began in December



THE ANTHROPOSOPIHICAL SOCIETY IN GREATER BOSTON
Winter 2020 Newsletter

Man as Symphony of the Creative Word by Rudolf Steiner. The evening starts at 7:00 pm with a social time followed by reading and discussion.. For more information, please call Joanna or Kenneth Ingham at 617-969-0388.

Amesbury Steiner Study Group Our small group gathers on Wednesdays at 9:30 am. We are beginning with the lecture series "*The Gospel of St. John*" by Rudolf Steiner. If you would like to visit or join us, please do! Contact Pam Fenner 978-388-1450 (home), 978-609-0025 (cell), pjfenner@mac.com, or Cecilia Leigh 717-304-3043 cmleigh88@gmail.com.

Rudolf Steiner Study Group of Concord gathers together on the first and third Tuesday of the month, from 7 – 8:50 pm, at the Concord Library beginning Sept. 18th with the study of *Anthroposophical Leading Thoughts*. For more information, please contact Michael Marlow at ymimarlow@gmail.com.

The Lexington Group is held, when school is in session, at the Waldorf School of Lexington, Friday mornings from 8:30-10. For questions please contact Irene Goncharov, 781-229-6382.

The Cape Ann Study Group Our group meets every other Monday evening from 7:30-9:00pm at the Waldorf School at Moraine Farm, 701 Cabot St., Beverly, MA 01915. Our first session will be on Monday, October 7, 2019. This year we will study Rudolf Steiner's work: *Rosicrucian Wisdom: An Introduction* (formerly known as *Theosophy of the Rosicrucian*), a series of 14 lectures given in Munich from May-June, 1907. We welcome all who would like to engage in a warm and lively exploration and reflection around Steiner's work. For further information please contact facilitators John and Carrie Schuchardt at thehouseofpeace@yahoo.com (978-356-9395).

Six Attributes Study Group in Beverly with Alton C. Frabetti - The six exercises were conceived by Rudolf Steiner to develop gently five attributes, or virtues, of the heart chakra, the sixth as balance itself to the attentive selection of rotating techniques. The group might meet to discuss the exercises, their significance, their overall effects, and to respond to any questions one might have. For information on future sessions and locations, please contact Alton C. Frabetti directly at altonfrabetti@gmail.com.

Brookline Study Group is held at the Christian Community on the 2nd and 4th Thursdays at 6:30 pm. The group is currently studying *Riddles of Philosophy* by Rudolf Steiner. For questions please contact Barbara Martin at barbmartin@gmail.com or 617-460-9852.

Online Study Groups – Winter 2020

Anthroposophical and Christology Skype Study Groups with Diane McGary: 617-840-5544 or mcgary.family@comcast.net.

- **Karma of Untruthfulness Vol II: Third Tuesday morning 7:30 - 9 am EST ending January 2020 (using Skype)**
- **Secret Brotherhoods and the Mystery of the Human Double: Third Tuesday Morning 7:30 - 9 am EST starting February 2020 (using Skype)**
- **From Jesus to Christ: Fourth Saturday 8 - 10 am Mountain time ending February 2020 (using What'sApp or FaceTime)**
- **Karmic Relationships: Fourth Saturday 8 - 10 am Mountain time starting March 2020 (using What'sApp or FaceTime).**

MysTech Study Groups with Andrew Linnell. Study groups meet online: Light & Electricity on Mondays and Beginner's on Wednesdays, both 8:30 to 9:30 pm. These international groups will study



THE ANTHROPOSOPIHICAL SOCIETY IN GREATER BOSTON
Winter 2020 Newsletter

Steiner's work on Moral-based Technology and Mechanical Occultism. These groups commence the week of Jan. 13th and last 10 weeks. Each group is limited to 12 participants. More groups will begin the first week of April. For more information contact Andrew Linnell at jandrewlinnell@yahoo.com.

Members of The Events Committee and Officers

Andrew Linnell, President; Jennifer Goodman, VP; Cynde Reilly, Treasurer; Barbara Martin, Secretary; Dan Emerson, Joanna and Kenneth Ingham,

Verse for America by Rudolf Steiner

*May our feelings penetrate
Into the center of our heart
And seek in love to unite with
Human Beings seeking the same goal-
With Spirit Beings who, full of grace
Behold our earnest, heartfelt striving
And in beholding strengthen us
From realms of light
Illuminating our lives in Love.*